



10-14s meet real life head on

GB@home



### Switch on: the real life of 10-14s

Mission is about making a difference and 10-14s are a generation who **can** make a difference.

### Play: fair trade fun



Choosing fair trade chocolate means that farmers and workers in other countries get paid fairly and have decent working conditions. Divine Chocolate does not only taste divine but is the only chocolate that is owned 45% by its farmers. Play the following games with your family:

- The chocolate game – roll a six with the dice, put on a hat, scarf and gloves and use a knife and fork to cut a piece of fair trade or Divine chocolate before the next person throws a six
- Getting a Divine after dinner mint thin (similar to After Eights) from their forehead into their mouth only using their face muscles, and no hands, before it starts to melt.

### Pause: pray and reflect

‘Our prayers can go where we cannot’ – get your daughter to reflect on what this means. Pray for the people and places, close to home and overseas, that she would like to pray for but can’t go to.

### Fast forward: get involved

Encourage your daughter to speak up and get involved in making a difference to other 10-14s’ lives.

**Christian Aid Collective –**  
[www.christianaidcollective.org](http://www.christianaidcollective.org)



The Collective was launched to unite young people in tackling injustice based on taking action if you’ve got a minute, an hour or longer. Packed full of things to read and things to do.

**Open Doors Youth –**  
[www.opendoorsyouth.org](http://www.opendoorsyouth.org)



Stories of young people suffering for their faith will help 10- 14s think about their faith and freedom. Open Doors Youth has launched free weekly material, inspired by the brave faith of persecuted Christians, to help get you through the coronavirus lockdown, saying ‘We know this is a strange time – schools, colleges and uni’s shutting, church and youth groups meeting in different ways, supermarket shelves emptying and people staying home. We’re all facing a time of isolation, uncertainty, lack and fear. It’s all pretty worrying and daunting. But at Open Doors, we know we can take inspiration and encouragement from persecuted Christians around the world who face these pressures on a daily basis. Join us as we learn to lean into God, finding Him true, faithful and right here with us during these anxious times.’

### Switch off: connect

14/15 April 2020 marked the sixth anniversary of the abduction of the Chibok girls in Nigeria. Currently 112 girls remain missing; some of them are GB members; many are feared dead. Use the #GBHopeEndures: Prayers for Nigeria resource to pray for Nigeria and all the people affected by terrorist violence. Download it free here: [www.gbworldwide.org](http://www.gbworldwide.org).

