

Engage

7-11s discover the adventure!

GB@home



Inspiration

The Bible is full of inspirational people who God has used to greatly influence others. People like David, Esther and Paul – who on first glance didn't look as though they had the résumé to give rise to anything significant but, through God's inspiration and power, did.

God is still in the business of inspiration today and as we engage with our children, and God's mission of fixing a broken world, we can be sure to be inspired by His spirit at work in our lives and the lives of our children.

Inspire

Verb. 1) Fill with the urge or ability to do or feel something. 2) Create (a feeling) in a person. 3) Give rise to. 4) Inhale.

Origin. Latin *inspirare* 'breathe or blow into'.

Oxford English Dictionary, 2008.

Plug in

There are many inspirational people in the world who we may look to as role models.

Get your child to draw a bubble diagram – put their name in the middle and then ask them to add all the people that inspire them around it.

They might include:

- People who've helped to change the world such as Mother Theresa, Martin Luther King, Nelson Mandela, Emmeline Pankhurst, and Florence Nightingale
- Family members who inspire them
- Teachers, GB leaders or others who work in your local community
- Famous people.

Superheroes in real life can be inspirational people, just like those on your child's diagram, who have made a difference in the world.

Download

Christians believe that Jesus is just like a superhero and an inspiration to us all. Have a look at the 'Jesus you're my superhero' song by Hillsong on YouTube and sing along at <https://youtu.be/6-vtflKzeNU>

Get connected

God inspires people to do great things. Look at the story of Esther in the Bible here with your child: <https://www.friendsandheroes.com/us/characters/Esther>. We can also be inspired by God to act in a way that will help others – being our own superhero!

Activate

Get your child to decide what kind of superhero they think they could be e.g. Super Sister, Housework Helper Hero, Captain Kind, Flash of Friendships. They should draw, decorate and cut out their very own superhero mask.

Reconnect

When we look around, we can see inspirational people all around us but how can we be an inspiration or a role model to others? Say a short prayer asking God to help us to be good role models to others and to help others. As you're praying ignite a glow stick, turn on a battery operated tea light or a small night light to show how we can be a light to others this week.