



The Sutton Coldfield Baptist Church Food Bank is open Monday to Friday, 10.30 – 3.00, for donations and collections.

Our food Bank has been running the foodbank since Oct 2011 but these last two years have been particularly busy. We gave out over 9000 bags of food in 2021, which was the equivalent of £100,000 of food. We are very grateful for your continued support.

We have given out over 5000 bags so far this year.

A complete list of what we accept is on the reverse.

Cereal Bars	Sardines	Peas
Cereal - small	Cup a soup	Mushy peas
Tea bags	Tinned soup	Sweetcorn
Instant Coffee	Chilli	Tomatoes
Hot Chocolate	Pie	Rice pudding
Jam	Stew	Custard
Marmalade	Curry	Fruit
Other spreads	Hotdogs	Biscuits
Fruit juice	Meatballs	
Squash - small	Pasta sauce	
UHT Milk	Inst Potato	Shampoo
Specialist Milk	Potato	Shower gel
Baked beans	Flavoured Noodle	Shaving cream
Ravioli	Noodles	Disposable razors
Macaroni	Flavoured Pasta	Soap
Spaghetti	Flavoured rice	Deodarant
Ham/Spam	Pasta sauce	Toothpaste
Corned beef	Rice	Toothbrushes
Meat paste	Kidney Beans	Toilet paper
Tuna	Chickpeas	Sanitary towels
Salmon	Carrots	
Pilchards		

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